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"Approach the New Year with resolve to find the opportunities hidden in each new day."

- Michael Josephson

A New Year's Resolution to Truly Improve Your Life

How about we all make a resolution this January to enjoy life just a little bit more, to expand our worlds just a little bit more, and to share just a little bit more love?

It's no secret that most New Year's resolutions relate to physical health – new diets, new exercise routines, and new weight goals. And we recognize how important our health is, but there's so much more to life and we want you to live it all!

Here are a couple of ideas to spark your creativity so you can make the best resolutions for 2024:

- · Try a new recipe every month
- Listen to more music or a new type of music
- Light a nice candle while you relax in the evenings
- · Color, sketch, paint, or do any artwork you like
- · Meet somebody for coffee once a month
- Pick up an instrument you used to play, or take lessons and learn a new one
- Go outside in the fresh air for 10 minutes every day
- Get a new puzzle or board game
- Try a new hobby or craft knit, crochet, paint figurines, embroider, build birdhouses...
- Read poetry in the mornings
- · Add board games or puzzles to your weekly routine

- Read a book from a genre you normally wouldn't
- · Learn about something you're curious about
- Visit a small local or specialty museum or gallery
- · Invite friends over for lunch or dinner
- · Drive a new way home
- Write 100-300 words Use story prompts or something that crossed your mind
- Give a compliment every day, especially to your partner or children
- · Join a book club
- Stop and enjoy the smell of your coffee or tea, or a fresh crisp snow, just for a second
- · Light up the fireplace
- Have family dinner together at the table.

Don't save the good stuff, pick a resolution this year that will bring you more smiles, new experiences, and great memories.

Creamy Tomato Soup

tasteofhome.com

Ingredients

- · 2 tablespoons butter
- · 1 tablespoon olive oil
- · 1 medium onion, chopped
- · 2 garlic cloves, minced
- · 1 can (28 ounces) whole tomatoes, undrained
- 1 cup chicken stock

- · 2 tablespoons tomato paste
- 1 teaspoon dried basil
- 1/2 teaspoon salt
- · 1/2 teaspoon sugar
- 1/4 teaspoon dried thyme
- · 1/4 teaspoon pepper
- 1/2 cup heavy whipping cream
- · Fresh basil leaves, optional

Directions

- 1. In a large saucepan, heat butter and oil over medium heat until butter is melted. Add onion; cook and stir until tender, 5-7 minutes. Add garlic; cook 1 minute longer. Stir in tomatoes, chicken stock, tomato paste, basil, salt, sugar, thyme and pepper. Bring to a boil. Reduce heat; simmer, uncovered, to let flavors blend, 20-25 minutes.
- 2. Remove pan from heat. Using a blender, puree soup until smooth. Return to pan. Slowly stir in cream. Cook and stir over low heat until heated through. If desired, garnish with basil and additional cream.



Nothing says fresh new year like a fresh new closet. We know it's easy to neglect your personal spaces while you take care of everything else, but an organized, enjoyable closet will help you feel ready to take on the day. With a little planning, you can give yourself a fresh, organized closet you'll be happy to use in as little as a weekend or two.

Everything Out!

The first step is to pull everything out of your closet. Once your closet is completely empty, vacuum and wipe down any shelves, drawers, and rods.

Sort and Settle

Sort your clothes into categories, for example, long-sleeved shirts, slacks, t-shirts, sweaters, and so on. While sorting, evaluate your items and remove any items you don't wear or that don't make you feel your best. Once you've settled on which items you'll keep and which will go, you can take stock of your items and consider your storage needs.

Consider Your Needs

Look at the existing tools and spaces in your closet and what you need to accommodate your items. If your current system isn't working, what would you need to do to make it better? From custom-installed full closet systems to DIY shelves or bins, there are storage solutions to fit any size closet and any budget. Here are a couple of ideas to get you started:

- · Tiered hanging rods
- · Wall hooks for purses, hats, scarves, belts, etc.
- Shelves and drawers
- Shoe racks, shelves, or over-the-door hangers

- Specialty pull-out racks for pants, ties, scarves, etc.
- · Baskets or bins for top shelves or floor storage
- Freestanding armoire if you need more space.

Put Your Things Away

As you put your things away, maintain your sorted categories. If you like, you can additionally sort by color or season. Place your most used items near the center and at eye level for ease of use. Try out new folding patterns to find the best fit for your shelves or drawers.

Special Touches

Make your closet feel even more special with a little something nice. Consider painting the interior of your closet a pretty color; put down a cozy rug, design some shelves as display areas, hang pictures, and make sure your closet is well-lit. Add closet upkeep to your monthly routine so you can enjoy this new closet feeling every day!



